



AdvancedGynecology

# What is a Wellness Visit?

Wellness, Preventative, Annual? These are all names for an exam focusing on preventative care. Insurance often covers this with no patient portion—though not necessarily all labs. You **may** incur charges, though, if we provide services outside prevention.

Wellness exams **include**:

- Breast and pelvic exam
- Comprehensive history and physical exam
  - review of systems
  - past, family and social history
  - assessment / history of pertinent risk factors
- Anticipatory guidance: risk-factor reduction, interventions or counseling
- Immunization and screening tests, if needed. (Billed separately.)
- Wellness counseling

Wellness exams **don't include**:

- Treatment or counseling for a specific condition or history
- A problem-focused exam
- Problem-focused labs

To avoid two visits, you and your doctor sometimes address **both** prevention and problems while you're here. Example problems? Irregular bleeding, urinary issues, or pre-conceptual counseling.

**Problem-oriented services** mean you'll typically pay a copay, coinsurance, or deductible amount.

Your insurance requires us to bill for the exact services provided. So, visits with both preventative and problem-focused counseling must be **separated as two charges**:

- the wellness exam and
- the problem-focused exam.

We bill your insurance, but it's your job to understand your plan. We can't tell in advance how it will cover charges for a problem-focused exam. Unsure of your coverage? Please call your plan representative.